

Domestic Abuse Doncaster





Contents

What is abuse?	3
Who might abuse you?	4
What should you do?	5
What happens next?	6
Keeping safe	7

Website about domestic abuse: www.doncaster.gov.uk/DomesticAbuse



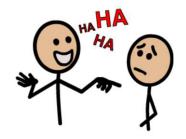
Some words are blue and underlined.

These are links that will go to another website which has more information.

What is abuse?



If someone hurts you.



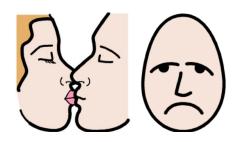
If someone says **mean words** to you.



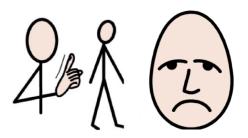
If someone **stops** you going **out** or having **friends**.



If someone **stops** you having **money**.



If someone kisses or touches you and you do not want to.



If someone **forces** you to do something you **do not want to do**.

Who might abuse you?



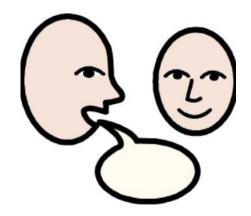
Your boyfriend or girlfriend.

Your ex-boyfriend or ex-girlfriend.

Your husband or wife.

People in your family.

What should you do?



Tell a worker you **trust**.



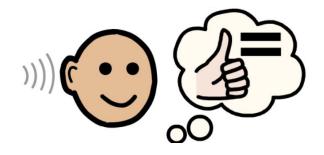
Ring the domestic abuse hub.

01302 737080



Call **999** if you are scared or hurt.

What happens next?



We will **believe** you and **respect** you.



Someone will **call** you about the **abuse**.



Someone will **ask** you what **you want** to happen next.



We will **try** to **help** you.

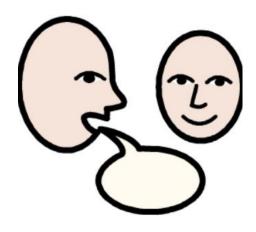
Keeping safe



You are **not alone**.



This is **not** your **fault**.



Tell a worker every time you are abused.



- Ring the Domestic Abuse Hub on: 01302 737080
- Send an email to: dahub@doncaster.gov.uk

Alternative numbers:

- National 24 hour Domestic Abuse Helpline:0808 2000 247
- Respect Men's Advice Line Email support: info@mensadviceline.org.uk

Monday - Friday: 9am - 8pm

Saturday - Sunday: 10am - 12pm and 4pm - 6pm

Acknowledgements:

Thank you to the following agencies for helping to develop this easy read booklet.





